



The LEGACY Girls Study Newsletter



Happy Spring 2013!

Our Study Sites

San Francisco Bay Area

New York City

Philadelphia

Toronto, Canada

Utah

We hope you are having a great year and are enjoying spring time in the Bay Area. We are writing to you to share some updates and news from the LEGACY Girls Study.

UPDATES

We are well beyond our goal of recruiting 900 girls! Currently, about 1,000 girls participate in the LEGACY Girls Study across the five study sites in the USA and Canada.

More than 150 girls have completed their first follow-up at 6-months and almost 100 girls have completed their second follow-up at 12-months. The third follow-up at 18 months began in April.

What is the most common birth month of San Francisco Bay Area LEGACY girls?
(Answer on next page)

Here in the Bay Area, since November 2011, 342 girls have completed their first study visit.

THANK YOU for your participation! We could not do this without you.

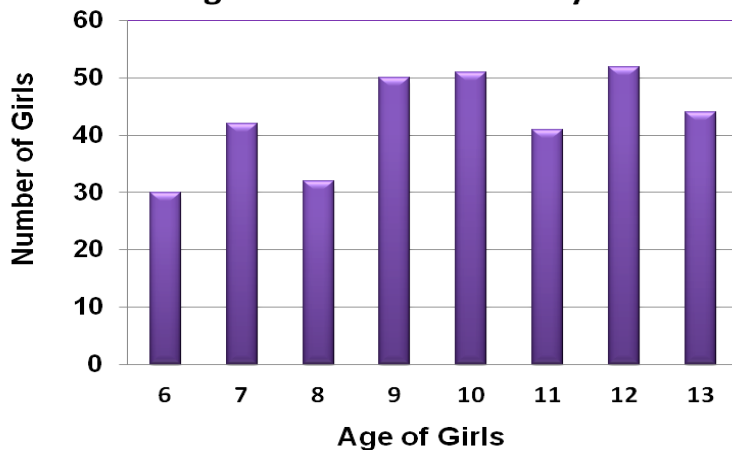


Spring Sudoku

Every row, column and mini-grid must contain the letters F L O W E R B U D.
Don't guess - use logic.

		B	E	O				
	S	F	W		O	E	D	
			L		R			
B		E		O	W		U	
		U		W		L		
L		W		F		R	B	
			O		B			
		E	D	F		W	U	B
			R		U		F	

**San Francisco Bay Area Girls
Age at First LEGACY Study Visit**



Meet one of our stars!



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Liele likes to sing, read, and write stories. Her favorite sports are basketball, soccer, track, and swimming. She has two dogs – an Australian Shepherd/St. Bernard mix named Dozer and a Maltipoos named Mater. She also has five chickens! Their names are Snowflake, Blondie, Red Vines, Hot Wings, and Fuzzy.

Liele's favorite color is black because she likes Harry Potter. Her favorite place to visit is Santa Cruz Beach Boardwalk because she loves the beach and roller coasters. The LEGACY team is very happy to have Liele and her mom Michele in the study!

Jump into spring with these fun activities...

LEGACY Survey: Fun for everyone!

1. Do you have any pets?
2. If so, what are they and what are their names?
3. If you could have any pet in the world, what would it be?

Email your answers to:
legacygirlsstudy@cpic.org

Answer: The most popular month is March! September and November were tied for second, and June was third.

**Look for new updates to the
LEGACY website!**

www.legacygirlsstudy.org

~ Spring Flowers Cupcakes Recipe ~

What you will need:

- Batch of baked cupcakes
- White butter cream frosting
- Swedish Fish candies (or similar-shaped candies)
- Yellow Dots Candies

Directions:

1. Frost the cupcakes
2. Gently press a Yellow Dots candy onto the center of each cupcake to stick it in place.
3. Then simply press seven Swedish Fish flower petals around each of the flower centers.



<http://spoonful.com/recipes/spring-flower-cupcakes>



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